



SWAMI DHARMBANDHU COLLEGE OF EDUCATION

(B.Ed. & D.El.Ed.)

(Recognised by: ERC-NCTE & Affiliated to Vinoba Bhave University, Hazaribag and JAC, Ranchi)
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First Day of Workshop on Soft Skills and Personality Development Concludes Successfully

The first day of a two-day workshop on “Soft Skills, Personality Development and Stress Management” was successfully inaugurated today at Swami Dharmabandhu College of Education, Harhad (Hazaribagh) in an enthusiastic and inspiring atmosphere. The programme began with the ceremonial lighting of the lamp in the presence of the Principal Dr. Sarika Kumari, faculty members, and invited guests.

In her address, Principal Dr. Sarika Kumari emphasized that in today's competitive era, the development of soft skills, self-confidence, positive thinking, and mental well-being is essential for the holistic development of trainees. Such workshops prepare students for both academic and real-life challenges.

During the first day's session, Mr. Ashish Kumar Singh, Secretary of Smart Foundation, Noida, served as the resource person and delivered an insightful and practical session on effective communication skills, personality development, and confidence building. The session was interactive, with active participation from the trainees.

The programme concluded with a vote of thanks delivered by Dr. Sarfaraz Iqbal, Assistant Professor.

Conclusion

The first day of the workshop proved to be informative and successful. It enhanced trainees' awareness of communication skills, confidence building, and personality development, motivating them to apply these skills in their academic and professional lives.



Saiika
02/02/2026
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